# Footwear Guide

For the Hockey Pitch

# UNIVERSITY OF LINCOLN

\*Trainers with flat soles are only recommended to be worn during dry conditions. The Sports Centre does not recommend you wear them during wet conditions and does not accept responsibility for any injuries resulting from the wearing of incorrect footwear.

#### Permitted Footwear:



Turf Trainer (TF)
RECOMMENDED

Trainers with dimpled rubber soles
(astro turf trainers)



Flat Sole RECOMMENDED

Flat soles
(No studs, spikes or blades)

#### Forbidden Footwear:



Soft Ground (SG)
TEAR THE SURFACE

Spiked, studded, moulded or bladed footwear is strictly forbidden on the 2G surface (Hockey Pitch)



Artificial Ground (AG)
TEAR THE SURFACE

Spiked, studded, moulded or bladed footwear is strictly forbidden on the 2G surface (Hockey Pitch)



Soft Ground Pro (SGP)
TEAR THE SURFACE

Spiked, studded, moulded or bladed footwear is strictly forbidden on the 2G surface (Hockey Pitch)



Firm Ground (AG)
TEAR THE SURFACE

Spiked, studded, moulded or bladed footwear is strictly forbidden on the 2G surface (Hockey Pitch)



Hard Ground (HG)
TEAR THE SURFACE

Spiked, studded, moulded or bladed footwear is strictly forbidden on the 2G surface (Hockey Pitch)



Blades
TEAR THE SURFACE

Spiked, studded, moulded or bladed footwear is strictly forbidden on the 2G surface (Hockey Pitch)

# Footwear Guide

For the 3G Artificial

Turf Pitch

#### Permitted Footwear:



Firm Ground (AG) RECOMMENDED Moulded boots



**Hard Ground (HG) RECOMMENDED** 

**Moulded Boots** 



**Artificial Ground (AG)** RECOMMENDED Boots with short, Hollowed Studs



#### **Turf Trainer (TF)** RECOMMENDED

Trainers with dimpled rubber soles (astro turf trainers)\*

#### Forbidden Footwear:



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#### **Soft Ground Pro (SGP) TEAR THE SURFACE**

Studded boots with metal tips or bladed footwear is strictly forbidden on the 3G surface (Cages)



#### **Soft Ground (SG) TEAR THE SURFACÉ**

Studded boots with metal tips or bladed footwear is strictly forbidden on the 3G surface (Cages)



#### **Blades TEAR THE SURFACE**

Studded boots with metal tips or bladed footwear is strictly forbidden on the 3G surface (Cages)



#### Flat Sole **TEAR THE SURFACE**

Studded boots with metal tips or bladed footwear is strictly forbidden on the 3G surface (Cages)

## Footwear Guide

## For the Hockey Pitch



## Permitted Footwear:



Turf Trainer (TF)
RECOMMENDED

Trainers with dimpled rubber soles
(astro turf trainers)

Flat Sole
RECOMMENDED
Flat soles

(No studs, spikes or blades)

#### Forbidden Footwear:



Soft Ground (SG)
TEAR THE SURFACE

Spiked, studded, moulded or bladed footwear is strictly forbidden on the 2G surface (Hockey Pitch)



#### Artificial Ground (AG) TEAR THE SURFACE

Spiked, studded, moulded or bladed footwear is strictly forbidden on the 2G surface (Hockey Pitch)



#### Soft Ground Pro (SGP) TEAR THE SURFACE

Spiked, studded, moulded or bladed footwear is strictly forbidden on the 2G surface (Hockey Pitch)



#### Firm Ground (AG) TEAR THE SURFACE

Spiked, studded, moulded or bladed footwear is strictly forbidden on the 2G surface (Hockey Pitch)



#### Hard Ground (HG) TEAR THE SURFACE

Spiked, studded, moulded or bladed footwear is strictly forbidden on the 2G surface (Hockey Pitch)



#### Blades TEAR THE SURFACE

Spiked, studded, moulded or bladed footwear is strictly forbidden on the 2G surface (Hockey Pitch)

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## Footwear Guide

## For the 3G Artificial Turf Pitch



## Permitted Footwear:



Firm Ground (AG)
RECOMMENDED

Moulded boots



Hard Ground (HG)
RECOMMENDED

Moulded Boots



Artificial Ground (AG)
RECOMMENDED

Boots with short, Hollowed Studs



Turf Trainer (TF)
RECOMMENDED

Trainers with dimpled rubber soles

(astro turf trainers)\*

\*Trainers with dimpled rubber soles (astro turf trainers) are only recommended to be worn during dry conditions.

The Sports Centre does not recommend you wear them during wet conditions and does not accept responsibility for any injuries resulting from the wearing of incorrect footwear

### Forbidden Footwear:



### Soft Ground Pro (SGP) TEAR THE SURFACE

Studded boots with metal tips or bladed footwear is strictly forbidden on the 3G surface (Cages)



#### Soft Ground (SG) TEAR THE SURFACE

Studded boots with metal tips or bladed footwear is strictly forbidden on the 3G surface (Cages)



#### Blades TEAR THE SURFACE

Studded boots with metal tips or bladed footwear is strictly forbidden on the 3G surface (Cages)



#### Flat Sole TEAR THE SURFACE

Studded boots with metal tips or bladed footwear is strictly forbidden on the 3G surface (Cages)